CalAgile

AGILE TRAINING

2020 - 2021

Introduction to Agile Methodologies (Agile 101)

This introductory course will cover the historical background of various development methodologies and will explain how modern deterministic/empirical models like Agile, can enable teams to better adapt to changes in the business environment.

You will hear real life stories from agilists who have worked "in the trenches" to successfully move teams to their highest performing potential. We will explain how agile and lean works, what kind of techniques and tools support the agile mindset and what risks can hinder agile adoption or transformation.

Learning Objectives

This overview session provides an introduction to Scrum and Agile. Following this session, you will be able to:

★ Understand the Agile philosophy

★ Describe Scrum concepts, roles and practices

★ Apply basic Scrum practices on your team

Activities

Our approach is to engage the audience as much as possible - so we use analogous games, simulations, role play, and other techniques to keep the session participatory and to reinforce learning through active engagement.

Details

The course is designed with theory lectures, discussions and practical simulation. Active learning is achieved through audience engagement and participation in hands-on activities.

Material can be customized for specific audiences and company technology. Options include: Scrum for Hardware, Leadership seminars, Agile Coaching for Teams, Professional 1:1 Coaching, Scrum Master skill development, Agile Games,, Retrospectives that Drive Change.

Sample Agenda for 4-hour training
- ★ Introductions and Learning objectives (20 min)
- ★ Team activity (20 min)
- ★ Theory behind the agile process (30 min)
    - ○ Agile and Lean history vs. Traditional Waterfall approach
- ★ What is an agile mindset? (20 min)
    - ○ Agile Manifesto and values
  Break (10 min)
- ★ Techniques - Approaches - Tools (20min)
    - ○ Intro to Scrum and Kanban
    - ○ Scaling frameworks
- ★ Scrum framework (30 min)
    - ○ Roles
    - ○ Ceremonies (Meetings)
- ★ Roleplay activity (20 min)
    - ○ Artifacts (20 min)
    - ○ Scrum Work Item Types and Hierarchy
  Break (10 min)
    - ○ Scrum User Stories - writing and sizing
- ★ Estimating activities (20 min)
    - ○ Scrum Backlog: Product, Release and Sprint
- ★ Anti-patterns of agile implementation (10 min)
- ★ Q&A and Wrap (10 min)

About the Trainer

Kate has been practicing Agile and Scrum since 2010. Kate is a Certified Agile Professional Coach (ICP-ACC), Certified Scrum Professional (CSP), a ScrumMaster (CSM) and a Product Owner (CSPO). She is a professional trainer in SAFe Scaled Agile (SPC4) and a SAFe ScrumMaster (SSM).

Kate lives in San Jose, CA and has worked as an employee and consultant at Fortune 500 and startups in Silicon Valley with the responsibility to plan, execute and support teams in their Agile transformations. She attended the University of Washington and was an engineering manager who built out wireless telecom networks in the US and Europe during the 1990s-2000s.

Kate Gonzales
kate@calagile.com
408-599-2847
www.calagile,com CalAgile is a minority owned California S Corporation

What Kate's Colleagues Say About Her

"I've worked with Kate to do Agile coaching for a large Agile adoption and transformation at Intel. Kate has a solid command of the values and principles that drive both Agile ideology and the Scrum Framework. She has worked to build a community of practice for the new and existing cadre of Scrum Masters, and seeds a weekly discussion with a cogent topic and timely advice. I consider her a valued colleague, strong partner, and a member of my tribe of Agilists. She knows her stuff!"

Brian S, Agile Coach, Intel Corporation

"I hired Kate to my team and she brought with her vast experience as an Agile trainer and coach. The team comes to her for Scrum coaching and better understanding of Agile planning practices. She is the go-to person for starting a new scrum team, setting up backlogs and sprint planning. I attended a few of her training sessions in person, and I was impressed also from her patience and her professionalism. She has really passion on Agile and training.
She is comfortable questioning status quo to ensure that the team is working on right things for the right reasons, she is open-minded and willing to embrace multiple approaches to adapt to the needs of the team, she focuses on solution finding."

Shikma A., IT Manager, Intel Corporation